



South Central College

FYE 100 First Year Experience

Common Course Outline

Course Information

Description First Year Experience is a course created to support students making the transition to college, to empower students to take control of their educational lives, and to help students be successful. The course will promote the development of critical thinking skills and positive educational values. Students will enhance their understanding of communication and learning styles, and lifestyle risks; learn to identify and use appropriate resources both on campus and within the community; acquire skills needed to promote study, personal wellness, goal setting and achievement; develop strategies to manage money, time and stress wisely; and in general develop the necessary skills to be a successful college student. (Prerequisites: None)

Total Credits 1

Total Hours 16

Types of Instruction

Instruction Type	Credits/Hours
Lecture	1

Pre/Corequisites

None

Institutional Core Competencies

Communication - Students will be able to demonstrate appropriate and effective interactions with others to achieve their personal, academic, and professional objectives.

Course Outcomes

1. Discuss the expectations of academic responsibilities of college students.

Learning Objectives

- Discuss the differences in student academic responsibilities between high school and college.
- Summarize the services that are available to support students.
- Explain how to access learning management systems and technology used in college.
- Create a time management system.
- Describe strategies to effectively meet deadlines.

2. Describe student success strategies.

Learning Objectives

Explain various learning styles.
Identify study strategies which align with individual learning styles.
Describe note taking methods for lecture, non-lecture and quantitative courses.
Explain strategies for effective test preparation.
Determine strategies for dealing with test anxiety.
Explain various reading techniques that can be utilized to retain information.

3. Create a plan to promote positive personal growth and development.

Learning Objectives

Describe strategies for dealing with stress.
Design a plan to maintain physical health through exercise and nutrition.
Create a plan to maintain positive mental and emotional health.
Describe resources and support systems available to support physical and mental health.
Create a definition of diversity.
Develop a system to effectively manage finances.

4. Create a plan to achieve career goals.

Learning Objectives

Assess student's own interests, personality, skills and values to determine possible career choices.
Compare possible career opportunities.
Identify programs of study that align with possible career choices.
Develop strategies for effective job application, preparation and performance.

5. Identify characteristics of critical thinking.

Learning Objectives

Describe the elements of critical thinking.
Examine student's own personal assumptions.
Evaluate print and electronic resources based on relevance, authority, bias and source.
Discuss assumptions related to a special topic.

SCC Accessibility Statement

Disability Services provides accommodations and other supports to students with permanent and temporary disabilities that affect their SCC experience. Disabilities may include mental health (anxiety, depression, PTSD), ADHD, learning disabilities, chronic health conditions (migraine, fibromyalgia), sensory disabilities, and temporary disabilities (broken arm, surgery). Common accommodations are extended test time, private room for testing, audiobooks, and sign language interpreter.

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